



# Conwy Food Bank

At the moment, we have **plenty of tinned Soup, tinned fish, baby food and toiletries**. We would appreciate donations of the following items which are running very short:

Tins of Ham and Corned Beef  
Breakfast Cereals  
Tins of Sausage and Beans  
Tins of Ravioli or Spaghetti Bolognese  
Jars of Pasta Sauce  
Microwave Rice  
Savoury Rice  
Cuppa Soups  
Tinned fruit  
Tins or sachets of Custard  
Tins of Rice Pudding  
Coffee  
Sugar  
Biscuits  
UHT Milk  
Thank you